

MISSION

Providing comprehensive behavioral health services to Native Families.

VISION

Diné Be'iina' Hoozhoogo Silá

(In the Navajo Way of life there is beauty before you)

Our Priorities:



ELIGIBILITY & TARGET POPULATION

DBMHS serves the Native American people residing on and around the Navajo Nation by providing prevention, education, and outreach services about alcohol, substance use and mental health.

DBMHS OFFICES

DBMHS Administration Office (928) 871-6240/6235 Regional Behavioral Health Authority Window Rock (928) 871-6877

NEW MEXICO OFFICES

Crownpoint Outpatient Treatment Center
(505) 786-2111/2128
Gallup Outpatient Treatment Center
(505) 722-9470/9394
Navajo Regional Behavioral Health Center –Shiprock
(505) 368-1438
Shiprock Outpatient Treatment Center

ARIZONA OFFICES

(505) 368-1429/1050

Chinle Outpatient Treatment Center (928) 674-2589/2190 Dilkon Outpatient Treatment Center (928) 657-8000

Fort Defiance Outpatient Treatment Center (928) 729-4012

Kaibeto Outpatient Treatment Center (928) 673-3267/3268

Kayenta Outpatient Treatment Center (928) 697-5570/5571

Newlands Outpatient Treatment Center (928) 688-3475

Red Mesa Outpatient Treatment Center (928) 656-5000/5735

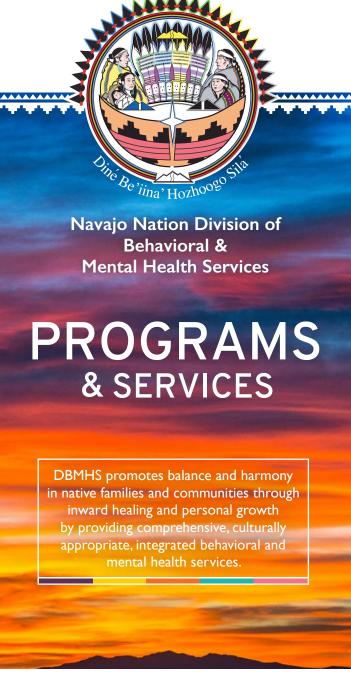
Tuba City Outpatient Treatment Center (928) 283-3346

RBHA Services available at Arizona and NRBHC locations.



Division of Behavioral & Mental Health Services

Administration Office Ph: (928) 871-6240/6235 PO Box 709 Window Rock, AZ 86515 www.nndbmhs.org



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TYPES OF

NAVAJO REGIONAL BEHAVIORALHEALTH

Our mission is to provide comprehensive behavioral health services to native families. By establishing quality, culturally responsive behavioral treatment services, the Navajo Nation Division of Behavioral & Mental Health Services assures comprehensive alcohol and substance use prevention, education, treatment, and aftercare services through effective coordination, and development of behavioral and mental health

infrastructure on the Navajo Nation.



As the largest behavioral and mental health provider on the Navajo Nation, with Administrative Offices in Window Rock, AZ the Division of Behavioral & Mental Health Services has nine outpatient treatment centers in Arizona and three outpatient treatment centers and one residential treatment center in New Mexico.

ARIZONA

Outpatient Treatment Centers

- Chinle
- Kayenta
- Dilkon

- New Lands
- Fort Defiance

- Red Mesa
- Kaibeto
- Tuba City

NEW MEXICO Outpatient Treatment Centers

- Crownpoint
- Gallup

Shiprock (residential available) Using a holistic approach, DBMHS offers assessments, residential, and outpatient treatment programs; individual, group, and family therapy, adventure-based counseling, crisis counseling/intervention, and after-care services.

Services:

- Treatment Plans
- Assessment & Placement
- Care Coordination & Collaboration
- Traditional & Faith Services
- Transportation Coordination
- Aftercare Treatment







PREVENTION



MENTAL **HEALTH**

SUBSTANCE USE



AFTERCARE TREATMENT



- ✓ Traditional Ceremonies
- ✓ Native American Church (NAC) ceremonies
- ✓ Sweat lodge sessions
- ✓ Talking circles



Spiritual

- ✓ Pastoral prayer services
- ✓ Chapel services
- ✓ Bible study
- ✓ Faith-Based counseling (marriage, grief, family)

Navajo Behavioral Health Authority (NRBHA) provides care coordination services for Navajo People with a serious mental illness that impairs their ability to function in the community.

Documents required for enrollment in program:

- Arizona AHCCCS enrollment under Behavioral. Health
- Physical Examination within last 30 days (TB Skin Test/Result)
- Immunization Record
- Evaluation within (30) days: Psychiatric for Mental Health and/or Substance Abuse Assessment
- Certificate of Indian Blood
- Social Security Card
- Photo ID or Driver's License
- Map to physical address
- Court Documents (copy of court order, probation agreement, etc.)
- Child Protective Service Documents (Parent/ Guardian/Child(ren) involved with Family Services-Social Services)
- School Grade Report, Incident Reports (anyone under age 18 years old)
- Marriage License (for applicants who are non-native, but married to an enrolled Native American)

Any missing information will be considered an incomplete referral.