Navajo Division of Behavioral & Mental Health Services

The DBMHS Crisis Response Team (CRT) provides immediate crisis response and postvention to address substance use co-occurring issues, suicidal ideation, or self-harm. We help individuals and families throughout the Navajo Nation and surrounding border towns when a community trauma inducing incident occurs.

The DBMHS CRT coordinates with local law enforcement and healthcare partners to provide immediate crisis response and postvention services. Cultural sensitivity is prioritized when collaborating with community resources while assisting individuals and their families.

Mission

Providing comprehensive behavioral health services to Native families.

Vision

Diné Be'iina' Hozhǫǫgo Silá
In the Navajo Way of Life there is beauty before you.

Central Administration
(928) 871-6240/6235

Navajo Regional Behavioral Health Authority
(928) 871-6877

	M-F (8 am-5 pm)	After Hours
Arizona OTC		
Chinle	(928) 674-2190	(928) 551-0624
Sober Living Center	(928) 674-2572	(928) 674-2572
Dilkon	(928) 657-8000	(928) 551-0624
Fort Defiance	(928) 729-4012	(928) 551-0189
Kaibeto	(928) 673-3267	(928) 551-0624
Kayenta	(928) 697-3766	(928) 551-0624
Newlands	(928) 688-3475	(928) 551-0189
Red Mesa	(928) 656-5158	(928) 551-0566
Tuba City	(928) 283-3346	(928) 551-0624
New Mexico OTC		
Crownpoint	(505) 786-2111	(928) 551-0247
Gallup	(505) 722-9470	(928) 551-0566
Navajo Regional Behavioral Health Center - Shiprock	(505) 368-1438	(928) 551-0566

National Suicide And Crisis Lifeline
988 (call or text) or Chat online

National Domestic Violence Hotline
1 (800) 799-7233 or Text "START" to 88788

National Sexual Assault Hotline
1 (800) 656-4673 or Chat online

Substance Abuse & Mental Health Services Administration National Helpline
1 (800) 662-4357

StrongHearts Native Helpline
1 (844) 762-8483 or Chat online

The Trevor Project (Suicide Prevention for LGBTQ Youth)
1 (866) 488-7386 or Text "START" to 678-678

Teen Line (teen-to-teen education & support)
(800) 852-8336 or Text "TEEN" to 839863

Veterans Crisis Line
988, then PRESS 1 or Text 838255
Chat online

988 SUICIDE & CRISIS LIFELINE

NATIONAL DOMESTIC VIOLENCE HOTLINE

Need to talk? We are here for you.
National Sexual Assault Hotline
online.rainn.org

SAMHSA
Substance Abuse and Mental Health Services Administration

STRONGHEARTS Native Helpline

THE TREVOR PROJECT
For Young LGBTQ+ Lives

Veterans Crisis Line
DIAL 988 then PRESS 1

NAVAJO DEPARTMENT OF HEALTH

YouTube
@nndbmhs

Navajo Division of Behavioral & Mental Health Services

COMMUNITY HEALTH DIRECTORY & RESOURCES

(928) 871-6240/6235
PO Box 709
Window Rock, AZ 86515
www.nndbmhs.org

Health Facilities

Alamo Navajo Health Center
(575) 854-2626

Canoncito Band of Navajos Health Center
(505) 908-2307

Chinle Comprehensive Health Care Facility
(928) 674-7001

Crownpoint Health Care Facility
(505) 786-5291

Dilkon Medical Center
(928) 657-1000

Dzilth-Na-O-Dith-Hle Health Center
(505) 960-1801

Four Corners Regional Health Center
(928) 656-5000

Gallup Indian Medical Center
(505) 722-1000

Inscription House Health Center
(928) 672-3000

Kayenta Health Center
(928) 697-4000

LeChee Health Facility
(928) 698-4900

Montezuma Creek Community Health Center
(435) 651-3700

Nahata'Dziil Health Center
(928) 688-5600

Northern Navajo Medical Center
(505) 368-6001

Pinon Health Center
(928) 725-9500

Sage Memorial Hospital
(928) 755-4500

Tohatchi Health Care Center
(505) 733-8100

Tséhootsooí Medical Center
(928) 729-8000

Tuba City Regional Health Care Corporation
(866) 976-5941

Winslow Indian Health Care Center
(928) 289-4646

Emergency Services

Navajo Nation Police Department

Chinle District	(928) 674-2111/2112
Crownpoint District	(505) 786-2050/2051
Dilkon District	(928) 657-8075
Kayenta District	(928) 697-5600/5642
Shiprock District	(505) 368-1350/1351
Tuba City District	(928) 283-3111/3112
Window Rock District	(928) 871-6111/6112

Apache County Sheriff	(928) 337-4321 - Option #6
Farmington PD	911 or (505) 334-6622
Gallup PD	911 or (505) 722-2002/2231

Navajo Nation Department of Fire & Rescue Services

Administration		(928) 871-6930/6913
#10	Window Rock	(928) 871-6909/6915
#20	Shiprock	(505) 368-5719
#21	Newcomb	(505) 696-3359
#22	Ojo Amarillo	(505) 566-2652
#40	Tuba City	(928) 283-3007
#50	Chinle	(928) 674-2105
#81	Twin Arrows	(928) 856-5978/7299

Kayenta Township FD	(928) 697-3350
Ganado Fire District	(928) 755-3400
Puerco Valley FD	(928) 688-3616
Crownpoint FD	(505) 786-7385

Navajo Nation Emergency Medical Services

Administration	(928) 871-6410/6454
Chinle	(928) 674-7099/7098
Crownpoint	(505) 786-2427
Inscription House	(928) 672-2343
Kayenta	(928) 697-4074/4075
Ojo Encino	(928) 206-9344
Pinon	(928) 725-9681/7098
Red Mesa	(928) 656-5542
Shiprock	(505) 368-6175
To'Hajiilee	(505) 908-2367
Tuba City	(928) 283-2531/2532
Window Rock	(928) 871-7846
Winslow	(928) 289-6120

Local Shelters

Alice's Place - Winslow, AZ
(928) 289-3003

Ama Doo Alchini Bighan - Chinle, AZ
(505) 674-8314

Tohdenasshai Committee Against Family Violence - Kayenta, AZ
(928) 697-8591

Gentle Ironhawk Shelter - Blanding, UT
(435) 678-0777

Northern Tree House Shelter - Shiprock, NM
(505) 368-1157/1149

Family Crisis Center - Farmington, NM
(505) 564-9192 (24-hour helpline)

Battered Families Services - Gallup, NM
(505) 722-7483 (crisis) / (505) 722-6389

Roberta's Place - Grants, NM
(505) 287-7200 (24-hour helpline)

State Resources

Arizona

Arizona Statewide Crisis Line
1 (844) 534-HOPE (4673) or Text 44673

Northern Arizona Crisis Line
1 (877) 756-4090

Teen Lifeline - Statewide
1 (800) 248-8336

Utah

San Juan Counseling Center
1 (888) 833-2992 (toll free) or (435) 678-2992
After hours crisis line: 1 (800) 273-8255

New Mexico

New Mexico Crisis and Access Line
1 (855) 662-7474

Agora Crisis Center
1 (855) 505-4505 or (505) 277-3013

New Mexico Peer to Peer Warm Line
1 (855) 446-7100