

# About Us

Established in 1987, the Navajo Division of Behavioral & Mental Health Services (DBMHS) is the lead agency providing comprehensive substance use, care coordination, education, treatment and aftercare services to Navajo individuals and their families.

DBMHS is committed to improving the level of quality health and wellness of each individual and family affected by substance use and/or mental health issues.

## Mission

Providing comprehensive behavioral health services to Native families.

## Vision

**Diné Be'iina' Hozhóogo Silá**  
*In the Navajo Way of Life there is beauty before you.*

## Core Values



**Hózhó**

*Beauty, Balance, & Harmony*



**Siihasin**  
*Hope*



**Na'adziih**  
*Healing*



**liná**  
*Life*

## DBMHS Offices

Central Administration  
(928) 871-6240/6235  
PO Box 709  
Window Rock, AZ 86515

Navajo Regional Behavioral Health Authority\*  
(928) 871-6877  
Window Rock, AZ

### ARIZONA

Chinle Outpatient Treatment Center  
(928) 674-2190  
Sober Living Center - Chinle, AZ  
(928) 674-2572  
Dilkon Outpatient Treatment Center  
(928) 657-8000  
Fort Defiance Outpatient Treatment Center  
(928) 729-4012  
Kaibeto Outpatient Treatment Center  
(928) 673-3267  
Kayenta Outpatient Treatment Center  
(928) 697-3766  
Newlands Outpatient Treatment Center  
(928) 688-3475  
Red Mesa Outpatient Treatment Center  
(928) 656-5158  
Tuba City Outpatient Treatment Center  
(928) 283-3346

### NEW MEXICO

Crownpoint Outpatient Treatment Center  
(505) 786-2111  
Gallup Outpatient Treatment Center  
(505) 722-9470  
Navajo Regional Behavioral Health Center - Shiprock  
(505) 368-1438

\*NRBHA services available at Arizona & NRBHC locations.



@nndbmhs

# Navajo Division of Behavioral & Mental Health Services

## PROGRAMS & SERVICES



(928) 871-6240/6235  
PO Box 709  
Window Rock, AZ 86515  
[www.nndbmhs.org](http://www.nndbmhs.org)

# Treatment

As the lead behavioral health provider on the Navajo Nation, DBMHS administers nine (9) outpatient treatment centers and one (1) Sober Living Center in Arizona, three (3) outpatient treatment centers and one (1) residential treatment center in New Mexico.

## Arizona OTC

Chinle*	Kayenta
Dilkon	Newlands
Fort Defiance	Red Mesa
Kaibeto	Tuba City

*\*includes Sober Living Center*

## New Mexico OTC

Crownpoint	Shiprock**
Gallup	

*\*\*includes Residential Treatment*

# Why Choose Us?

- Our counselors, licensed therapists, traditional practitioners, and faith-based counselors provide a holistic approach to those seeking help.
- We foster healing and harmony through a safe and confidential environment.
- We advocate for Indigenous youth by nurturing positive development to help them build healthy relationships.
- Navajo Regional Behavioral Health Authority (NRBHA) provides care coordination services for federally recognized tribal members with a serious mental illness or substance use disorder.

# Services

We believe that each client has a unique history and culture that must be respected. Our goal is to provide services that are designed to enhance, promote, and expand the recovery, independence, self-sufficiency, self-esteem, and quality of life of each client.

- |                                     |                                     |
|-------------------------------------|-------------------------------------|
| • Assessment & Placement            | • Traditional & Faith Services      |
| • Treatment Plans                   | • Support Services                  |
| • Care Coordination & Collaboration | • Prevention, Education, & Outreach |



- |   |                            |
|---|----------------------------|
| • Traditional Ceremonies                  | • Pastoral Prayer Services |
| • Native American Church (NAC) Ceremonies | • Chapel Services          |
| • Sweat Lodge Sessions                    | • Bible Study              |
| • Talking Circles                         | • Faith-Based Counseling   |



# Required Documents

- Photo ID or Driver's License
- Social Security Card
- Certificate of Indian Blood (CIB)
- Map to Physical Address
- Physical Examination within last 30 days
  - TB Skin/Test Result

## Additional Documents Required for NRBHA and/or Residential Treatment Services

- AHCCCS enrollment
  - Behavioral Health Site 14
- Immunization Record
- Evaluation within last 30 days
  - Psychiatric Evaluation for MH services
  - Substance Use Assessment
- Court Documents
  - Copy of Court Order
  - Probation Agreement
- Child Protective Service Documents
  - Parent/Guardian/Child(ren) involved with Family Services - Social Services
- School Grade Report, Incident Reports
  - Anyone under the age of 18 years old
- Marriage License
  - For applicants who are non-native, but married to an enrolled tribal member

Any missing information can be considered for enrollment of treatment services. Please contact us for assistance.