About Us

Established in 1987, the Navajo Division of Behavioral & Mental Health Services (DBMHS) is the lead agency providing comprehensive substance use, care coordination, education, treatment and aftercare services to Navajo individuals and their families.

DBMHS is committed to improving the level of quality health and wellness of each individual and family affected by substance use and/or mental health issues.

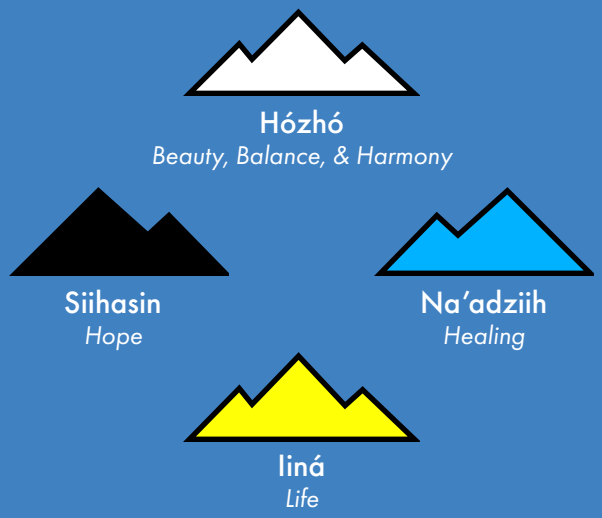
Mission

Providing comprehensive behavioral health services to Native families.

Vision

Diné Be'iina' Hozhǫǫgo Silá
In the Navajo Way of Life there is beauty before you.

Core Values



DBMHS Offices

Central Administration
(928) 871-6240/6235
PO Box 709
Window Rock, AZ 86515

Navajo Regional Behavioral Health Authority*
(928) 871-6877
Window Rock, AZ

ARIZONA

Chinle Outpatient Treatment Center
(928) 674-2190
Sober Living Center - Chinle, AZ
(928) 674-2572
Dilkon Outpatient Treatment Center
(928) 657-8000
Fort Defiance Outpatient Treatment Center
(928) 729-4012
Kaibeto Outpatient Treatment Center
(928) 673-3267
Kayenta Outpatient Treatment Center
(928) 697-3766
Red Mesa Outpatient Treatment Center
(928) 656-5158
Tuba City Outpatient Treatment Center
(928) 283-3346

NEW MEXICO

Crownpoint Outpatient Treatment Center
(505) 786-2111
Gallup Outpatient Treatment Center
(505) 722-9470
Navajo Regional Behavioral Health Center - Shiprock
(505) 368-1438

Tribal Opioid Response Program
(505) 387-4017

*NRBHA services available at Arizona & NRBHC locations.

NAVAJO DEPARTMENT OF HEALTH

YouTube
@nndbmhs

Navajo Division of Behavioral & Mental Health Services

PROGRAMS & SERVICES

Diné Be'iina' Hozhǫǫgo Silá

(928) 871-6240/6235
PO Box 709
Window Rock, AZ 86515
www.nndbmhs.org

Treatment

As the lead behavioral health provider on the Navajo Nation, DBMHS administers seven (7) outpatient treatment centers and one (1) Sober Living Center in Arizona, three (3) outpatient treatment centers and one (1) residential treatment center in New Mexico.

Arizona OTC

Chinle*
Dilkon
Fort Defiance
Kaibeto
Kayenta
Red Mesa
Tuba City

**includes Sober Living Center*

New Mexico OTC

Crownpoint
Gallup
Shiprock**

***includes Adolescent Residential Treatment*

Why Choose Us?

- Our counselors, licensed therapists, traditional practitioners, and faith-based counselors provide a holistic approach to those seeking help.
- We foster healing and harmony through a safe and confidential environment.
- We advocate for Indigenous youth by nurturing positive development to help them build healthy relationships.
- Navajo Regional Behavioral Health Authority (NRBHA) provides care coordination services for federally recognized tribal members with a serious mental illness or substance use disorder.

Services

We believe that each client has a unique history and culture that must be respected. Our goal is to provide services that are designed to enhance, promote, and expand the recovery, independence, self-sufficiency, self-esteem, and quality of life of each client.

- Assessment & Placement
- Treatment Plans
- Care Coordination & Collaboration
- Traditional & Faith Services
- Support Services
- Prevention, Education, & Outreach

Treatment

Outreach

Mental Health

Aftercare Treatment

Substance Use

- Traditional Ceremonies
- Native American Church (NAC) Ceremonies
- Sweat Lodge Sessions
- Talking Circles
- Pastoral Prayer Services
- Chapel Services
- Bible Study
- Faith-Based Counseling



Required Documents

- Photo ID or Driver's License
- Social Security Card
- Certificate of Indian Blood (CIB)
- Map to Physical Address
- Physical Examination within last 30 days
  - *TB Skin/Test Result*

Additional Documents Required for NRBHA and/or Residential Treatment Services

- AHCCCS enrollment
  - *Behavioral Health Site 14*
- Immunization Record
- Evaluation within last 30 days
  - *Psychiatric Evaluation for MH services*
  - *Substance Use Assessment*
- Court Documents
  - *Copy of Court Order*
  - *Probation Agreement*
- Child Protective Service Documents
  - *Parent/Guardian/Child(ren) involved with Family Services - Social Services*
- School Grade Report, Incident Reports
  - *Anyone under the age of 18 years old*
- Marriage License
  - *For applicants who are non-native, but married to an enrolled tribal member*

Any missing information can be considered for enrollment of treatment services. Please contact us for assistance.